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Consider the Possibilities for your Life...

A Few Beginning Powerful Questions

Take time to fill out this more detailed self assessment. You will find it enlightening and helpful as we begin the process. And don't worry if you can't/don't want to answer them now. We can work on them together. Use a journal or extra pages for more space.

1. If you could name one thing that you'd like to change, stop or transform in your life, what would you say it is?
2. What have been some of your greatest successes? Accomplishments? Miracles? Joys?
3. What are your current goals/dreams/desires?
4. What do you need?
5. How do you limit or sabotage yourself?
6. What are your big attachments?
7. What recurring beliefs/habits/patterns that you do that keep limiting your success?
8. What do you have going for you right now?
9. What gifts do you have that makes you unique, powerful?
10. What is the most important thing in your life right now?